



NATIONAL KUNDALINI YOGA TEACHERS ASSOCIATIONS

(NKYTA)

National Kundalini Yoga Teachers Association (NKYTA) Agreement Intention

The intention of a National Kundalini Yoga Teacher Association (NKYTA) is to create collaboration and unity with all of the KRI-certified Kundalini Yoga Teachers in their country, through teaching and sharing the 3HO Lifestyle and Teachings of Kundalini Yoga, as taught by Yogi Bhajan®.

Guidelines

Given the value of consistency and positive collaboration for sharing these Teachings, International Kundalini Yoga Teachers Association (IKYTA) requires each NKYTA to meet certain standard model guidelines, as outlined below.

This NKYTA Agreement must be fulfilled for a NKYTA to be officially recognized by International Kundalini Yoga Teachers Association (IKYTA):

1. Acknowledge and agree to the Purpose:

IKYTA is a global community of Kundalini Yoga teachers serving each other's professional and spiritual growth and networking (connecting) with each other. Together, we build Aquarian community and unity through teaching, practicing and sharing Kundalini Yoga as taught by Yogi Bhajan®.

2. Work collaboratively in partnership with IKYTA, 3HO Foundation International, Kundalini Research Institute (KRI), and the Office of Ethics & Professional Standards (EPS).

3. Work with all relevant teachers and groups in our country to form, develop and perpetuate the NKYTA, including:

- Collaboratively bringing together all those longing to grow and participate in creating a structure for the association.

- Seek representation from all areas of the country (rather than being a group that lives in close proximity to each other)
- Reach out to local or regional community organizations, that are not membership organizations, to help support special programs and activities of the NKYTA

4. Neutrally serve the needs of all member teachers in our country, in the best ways possible:

- By providing a neutral connecting place for teachers
- Cooperatively working together
- Allow the Teachings of Yogi Bhajan to be the main guidance for all work

5. Assure all members have a meaningful voice in selecting teachers who serve in leadership roles.

6. Consider the role of trainers in the NKYTA - key decision makers are Teachers (not Trainers in KRI Academy). Therefore, Trainers support the creation of NYKTAs, can suggest leaders, and should encourage teachers and centers to be involved. *They strive to empower other teachers to lead and serve.* In cases where Trainers (especially *Lead Trainers*) are key to growing the NKYTA, it is recommended that someone from each training school participate on the board).

7. Official recognition of a NKYTA requires:

- Transparent processes in place for all members to have a meaningful voice in the selection of those in leadership roles.
- Leaders that are KRI teachers in good standing and a strong longing to serve.
- An organization name including the country name and “Kundalini Yoga”, and can include “Association”.

8. Legal recognition of the NKYTA within your own country is encouraged.

9. Share relevant communication with members as needed. Facilitate communication from IKYTA to members. Maintain open communication with IKYTA, including encouraging involvement in NKYTA monthly meetings and teachers events.

10. Understand that all KRI-Certified NKYTA members are also recognized as full professional IKYTA members, with access to all benefits and teacher listing on the website.

11. Agree that there is only *one* NKYTA in each country, set up by the majority of teachers who want to work collaboratively to serve and share the Teachings of Yogi Bhajan. (At the local level, there may be more than one association or chapter of Kundalini Yoga teachers, who are all part of the NKYTA, but local groups are not the official NKYTA.)

12. Submit a current member list to IKYTA annually. (The updated list is due annually, either January 15th, May 15th or September 15th, depending on which date is agreed to by the NKYTA.) This will give NKYTA members full professional membership with IKYTA and a listing in the online teachers directory, if they wish.

13. Commit to pay 15% of total NKYTA membership dues to IKYTA every year. IKYTA must receive \$5US minimum per person each year. (The payment is due annually, either January 15th, May 15th or September 15th, depending on which date is agreed to by the NKYTA.)

14. Agree (if a newly established NKYTA) to have at least three key leaders participate in a group interview/welcome meeting with IKYTA, after the signed Agreement is submitted. Agree (if an already established NKYTA) to have a regular meeting (annually or bi-annually) as requested. These meetings allow us to know each other, so IKYTA can listen to

your NKYTA's needs and provide clarity on any questions, so you can fulfill the Agreement in the best possible way. The meetings are also important to build the collaborative relationship with IKYTA, so we can support you as the NKYTA grows.

To ask for official recognition as the country NKYTA, please print, sign and email this page to contact@ikyta.org for consideration.

We agree that our organization fulfills all parts of the NKYTA Agreement above. We will work collaboratively with IKYTA, and we ask to be officially recognized as the one NKYTA for our country. We include our membership list and payment to IKYTA as described above. *We acknowledge that if once this recognition is official, if our NKYTA does not act in alignment with the Agreement, an inclusive resolution process will begin. It will require our participation and likely satisfactory changes, in order to maintain official status as our country NKYTA.*

Country _____

NKYTA Name _____

Website (if you have one) _____

Email _____

Telephone # _____

Representative _____

Signature _____

Date _____