



YOU'RE INVITED!

# VERNAL EQUINOX 1- DAY RETREAT

RENEW | REFLECT | RELAX

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**MARCH 20, 2018**

**9:00 AM - 5:30 PM**

SACRED PATHWAYS SARASOTA  
2831 RINGLING BLVD. SUITE B-108, SARASOTA, FL

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Led by Kelly and John Stewart, aka Jiwan Shakti. Enjoy an escape from the everyday world and immerse yourself in meditation, reflections, and fellowship with other peaceful souls. This all-day retreat includes sessions on Kundalini Yoga and meditation, Energy Healing, journaling, art, and music. Healthy snacks provided. Space is limited. \$62 + bring a light lunch.

FOR MORE INFORMATION CONTACT: JIWAN SHAKTI @ 407.227/4111  
OR VISIT US AT [WWW.SACREDPATHWAYSARASOTA.COM](http://WWW.SACREDPATHWAYSARASOTA.COM)