



Peak Experience of Your Infinite Self



A retreat to think, breathe and move in new ways to quench your thirst for living your fully expressed life
April 5 - 9, 2018

Are you deprived of the creative sparks of vitality and love that come a fully expressed life? Your body is like an instrument with 72,000 energy channels that need to be kept in tune and played daily. You play your instrument with your breath, thoughts and movements. www.jacquemillie.com