

THE HEALING JOURNEY

A Women's Yoga Retreat

July 14-16, 2017



Join "The Healing Journey" for a transformative, three-day yoga retreat!

Using a variety of Kundalini yoga techniques, this rejuvenating all-women's retreat will allow you to begin the process of discovering your inner self-healing capabilities.

Learn to cleanse your subconscious and train your mind to become the servant of your soul's purpose, and allow yourself to get in touch with the serenity, simplicity, and harmony of nature.

All skill levels are welcome!

When: July 14-16, 2017

Where: Four Springs Retreat Center in Middletown, CA

For more information:

Ruba

(725) 333-4416

info@janamax.com

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