



## NATIONAL KUNDALINI YOGA TEACHERS ASSOCIATIONS (NKYTA)

### Monthly NKYTA Meetings

Each month IKYTA hosts a virtual meeting of NKYTA leaders from around the world. It is very inspiring to observe and listen to how Kundalini Yoga Teachers on different continents and in different countries are serving and spreading the teachings of Yogi Bhajan and Kundalini Yoga. These meetings are truly fun and enriching! Each participant brings unique perspectives and knowledge to share. Collaboration allows collective wisdom and learning that inspires possibilities to grow synergistically - wherever we are!

We listen deeply, help develop best practices, and create resources to best serve the needs of growing Global Community of teachers. Together, we inspire each other to build a truly international IKYTA.

Please join us each month to share your insight and learn from NKYTA leaders around the world:

#### Highlights of Past NKYTA Meetings:

- Why Do Teachers Join Their NKYTA?
- How to Inspire Participation in a NKYTA?

#### Upcoming Meeting Topics

- Relationship between NKYTAs and non-KRI teachers/organizations
- Professional Development and Continuing Education
- Building NKYTA Webpages
- Continual development of Kundalini Yoga teachers (CEUs)

If you are a NKYTA leader, we welcome your participation. If an established NKYTA does not exist in your country, KRI-certified Kundalini Yoga Teachers, who are committed to creating a unified association of teachers in their country, are welcome to join the meetings. IKYTA values the input, inspiration and dedication of all those spreading the Teachings of Kundalini Yoga, as taught by Yogi Bhajan. We are committed to deeply listening to understand how to best support the needs of you and your community.

Mark your calendars for monthly meetings on the first or second Wednesday of each month, at 12pm GMT or 6pm GMT. The meetings are held via Zoom. Before you join the meeting, we suggest you take time to connect to the teachers and community members in your country, to bring their feedback, questions and responses to share with others.

Please email [jaigopalk@3ho.org](mailto:jaigopalk@3ho.org) for further information.